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AMERICAN BALLET THEATRE

National Training Curriculum

JOHANSEN OLYMPIA DANCE CENTER 412 Jefferson Street SE, Olympia, WA 98501 olympiadancecenter.com • 360-943-8011

2019-2020 Class Schedule

Parent/Child, Pre-Ballet/Creative Dance, Ballet, Pointe, Free Boys' Dance Conditioning, Downs' at Dance, Jazz, Hip-Hop, Tap, Stretch & Strengthen, Contemporary, and Modern (for specific instructors, please see online registration.)

Classes begin Wed. Sept. 11 and thereafter. If schedules don't work for you, please see Directors for alternatives.

BOYS' DANCE PROGRAM

Johansen Olympia Dance Center would like to invite boys (NEW AND CONTINUING) to take any classes on the schedule at a 50% DISCOUNT. Criteria: boys must follow the studio dress code, adhere to classroom rules, act in a disciplined manner, and perform in our June recital. Parent/guardian must purchase the recital costume (usually no more than \$50 per class) and pay the \$50 per family recital participation fee. Also, boys may add our new FREE Boys' Dance Conditioning class; a boy must be registered for one of our other classes to participate.

PARENT/TODDLER, PRE-BALLET, CHILDREN'S BALLET, INTERMEDIATE BALLET, LOWER POINTE

PARENT/TODDLER, PRE-BALLET, CHILDREN'S BALLET, INTERMEDIATE BALLET, LOWER POINTE			
Parent/Child Creative Dance	A creative dance class for parents and children	Wed. 4:25-5:00	
(This class does not participate in the recital.)	age 1 to 3 years old (older sibs can participate for free if enrolled in another class.)	Sat. 11:00-11:35	
		T 4.00 4.25	
Creative Dance 3/4/5	Creative dance for kids 3, 4 or 5 by 8-31-19.	Tue. 4:00-4:35	
(This class has a year-end in studio	This class focuses on storytelling and		
showing and does not participate in the	movement with live music. For extra fun, add		
recital.)	Pre-Ballet 3, 4, or K and for those in		
Pre-Ballet 3	Kindergarten one may add Hip-Hop or Tap. Creative Dance for kids 3 years old by 8-31-19	Sat. 10:20-10:50	
(Class has a year-end in studio showing	For extra fun, add Creative Dance 3/4/5.	Sat. 11:45-12:15	
& does not participate in the recital.)	For extra run, add Creative Dance 3/4/3.	3dt. 11.43-12.13	
Pre-Ballet 4	Creative Dance for kids 4 years old by 8-31-	Wed. 1:30-2:00	
FIE-Bailet 4	19. For extra fun, add Creative Dance 3/4/5.	Wed. 1:30-2:00 Wed. 4:30-5:00	
	19. For extra full, and creative Dance 3/4/3.	Sat. 11:10-11:40	
Pre-Ballet K	Creative Dance for Kindergarteners. For extra	Tue. 4:15-4:55 (try tap after!)	
Pie-ballet K	fun, add Creative Dance 3/4/5, hip-hop and/or	Wed. 5:10-5:50 (try hip-hop after!)	
	tap.	Sat. 9:30-10:10 (try hip-hop after!)	
Pre-Ballet 1st	Creative Dance-Intro to Ballet for 1st graders.	Tue. 4:15-4:55 (try tap after!)	
rie Daliet I	For extra fun, add hip-hop, contemporary,	Wed. 5:10-5:50 (try contemporary before or	
	and/or tap.	hip-hop after!)	
	and/or tap.	Sat. 9:30-10:10 (try hip-hop after!)	
Children's Beginner 1 Ballet	Beginning Ballet for 2 nd -4 th graders. For extra	Tue. 5:10-6:00 (try hip-hop after!)	
Cilidren's Deginner 1 Danet	fun, add hip-hop, tap, contemporary, and/or	Sat. 11:45-12:35 (try hip-hop before!)	
	jazz.	Sat. 11. 15 12.55 (if y hip hop before:)	
Children's Beginner 2/3 Ballet	For dancers who have taken Beg. 1, Beg. 2 or	Mon. 4:15-5:15 (try tap after!)	
Cilidren's Deginner 2/5 Danet	equivalent. (Most students take this class two	Tue. 5:00-6:00 (try hip-hop after!)	
	years.) We encourage dancers to add jazz,	rue. 5.00 0.00 (dy hip hop arter:)	
	tap, hip-hop, and/or contemporary.		
Beginning Ballet for 4th-7th Graders	For new ballet students or those with limited	Call or e-email for start date.	
beginning bunce for 1 / Citacis	experience. We encourage dancers to add	can or e critair for start date.	
	jazz, tap, hip-hop, or contemporary.		
Children's Beginner 4 Ballet (Pre-	For dancers who have taken Beg. 3 or	Mon. 4:40-5:45	
Pointe)	equivalent. Minimum twice per week required.	Thu. 5:45-6:50 (try jazz after!)	
· · · · · · · · · · · · · · · · · · ·	We encourage dancers to add a third ballet	Sat. 11:50-12:55	
	class and/or jazz, tap, hip-hop, contemporary.		
Intermediate 1 Ballet (Beginning	Minimum twice per week required. Do not buy	Mon. 5:20-6:50	
Pointe)	pointe shoes until Josie/Ann say ok; some go	Thu. 5:20-6:50	
Adults require Directors approval and	on pointe later. Pointe shoe fittings to be	Sat. 11:50-1:20	
don't participate in the recital with this	scheduled. We encourage dancers to add a		
class. See directors for information on	third ballet class and/or jazz, tap, hip-hop,		
adult recital dance.	contemporary, modern, stretch & strengthen.		
Intermediate 2/3 Ballet	Minimum twice per week required. We	Mon. 5:45-7:00 (try tap after!)	
Adults require Directors approval and	encourage dancers to take more than two	Tue. 6:55-8:10 (try hip-hop or stretch &	
don't participate in the recital with this	ballet and pointe classes per week, and/or add	strengthen before!)	
class. See directors for information on	jazz, tap, hip-hop, contemporary, modern,	Wed. 5:45-7:00 (try jazz after!)	
adult recital dance.	stretch & strengthen. All take this class at least	Thu. 6:55-8:10 (try jazz or modern before!)	
	2 years, some 3+ years.		
Lower Level Pointe	Minimum twice per week required. Requires at	Mon. 7:00-7:45	
Adults require Directors approval and	least 2 ballet classes per week and 1 year of	Tue. 8:10-8:55	
don't participate in the recital with this	previous pointe work.	Wed. 7:00-7:45	
class. See directors for information on		Thu. 8:10-8:55	
adult recital dance.			

ADVANCED BALLET, UPPER POINTE, TEEN/ADULT BALLET

Advanced Ballet Adults require Directors approval and don't participate in the recital with this class. See directors for information on adult recital dance.	Minimum twice per week required (and minimum two pointe classes if taking pointe.) We encourage dancers to take three or four ballet and three or four pointe classes per week, and/or add jazz, tap, hip-hop, contemporary, modern, stretch & strengthen.	Mon. 6:55-8:15 Tue. 6:55-8:15 (try hip-hop or stretch & strengthen before!) Wed. 6:55-8:15 Thu. 6:55-8:15 (try modern and jazz before!)
Upper Level Pointe Adults require Directors approval and don't participate in the recital with this class. See directors for information on adult recital dance.	Minimum twice per week required. Requires at least 2 ballet classes per week.	Mon. 8:15-9:00 Tue. 8:15-9:00 Wed. 8:15-9:00 Thu. 8:15-9:00
Teen/Adult Beginner/Intermediate Ballet This class does not participate in the recital.	For new and continuing students. Twice per week highly recommended, especially for absolute beginners.	Mon. 7:50-9:00 Wed. 7:50-9:00

NEW: FREE BOYS' DANCE CONDITIONING

FREE Boys' Dance Conditioning	For boys in 1 st grade and up, this new class	Fri. 4:00-4:45 (runs in eight-week sessions;
	must be taken in addition to one of our other	first session begins September 20.)
	regularly scheduled classes. The class will	
	focus on conditioning, stretching, and	
	strengthening, as well as provide opportunities	
	to move with fellow male dancers.	

HIP-HOP

Hip-Hop K-1 st Graders	For new and continuing dancers. (Black dance sneakers required.)	Wed. 5:55-6:35 (try pre-ballet before!) Sat. 10:20-11:00 (try pre-ballet before!)
Hip-Hop 2 nd -4 th Graders	For new and continuing dancers. (Black dance sneakers required.)	Tue. 6:10-7:00 (try ballet before!) Sat. 10:45-11:35 (try ballet after!)
Hip-Hop 5 th -7 th Graders	For new and continuing dancers. (Black dance sneakers or clean shoes dedicated to the dance studio that are never worn outside are required.)	Tue. 7:00-7:55
Teen/Adult Hip-Hop	For new and continuing dancers. (Clean shoes dedicated to the dance studio that are never worn outside are required.)	Tue. 5:50-6:50

CONTEMPORARY & MODERN

Contemporary 1st-3rd Graders	For new and continuing dancers.	Wed. 4:50-5:40
Contemporary 3 rd -6 th Graders	For new and continuing dancers.	Fri. 6:05-7:00
Middle Contemporary	Email directors for instructor approval.	Fri. 7:00-8:00
	Students take this class for more than one	
	year.	
Advanced Contemporary	Email directors for instructor approval.	Fri. 4:55-6:05
Teen/Adult Modern I	For new and continuing dancers – middle	Thu. 4:15-5:15
	school through adult. This class draws upon	
	Graham and Limon techniques.	
Teen/Adult Modern II	Email directors for instructor approval.	Thu. 4:15-5:45

TAP

Tap K/1 st /2 nd Graders	For new and continuing dancers in	Tue. 5:05-5:45 (try pre-ballet before!)
	Kindergarten, 1 st and 2 nd grade.	
Beginner Intermediate Tap	Email directors for instructor approval.	Mon. 5:50-6:45
	(Oxford-style shoes required, not patent	
	leather shoes.)	
Intermediate/Advanced Tap	Email directors for instructor approval.	Wed. 5:55-6:55
Teen/Adult Tap	For new and continuing dancers – middle	Mon. 6:50-7:50
	school through adult.	
Advanced Tap	Email directors for instructor approval.	Wed. 8:00-9:00

JAZZ

Jazz 4 th -7 th Graders	For new and continuing dancers.	Thu. 6:55-7:55
Intermediate Jazz	Email directors for instructor approval.	Wed. 7:00-8:00
Teen/Adult Beginner/Int. Jazz	For new and continuing dancers.	Thu. 7:55-8:55
Advanced Jazz	Email directors for instructor approval.	Thu. 5:50-6:50 (try modern before!)

STRETCH & STRENGTHEN

Stretch & Strengthen	For new and continuing students – middle	Tue. 6:05-6:55
(Does not participate in the recital.)	school through adult. Requires a pilates or	Sat. 12:45-1:35
	yoga mat.	

DOWNS' AT DANCE

NOTE: these classes have a different quarter schedule and tuition rates than other classes. Tuition for each 8-week session is \$100. Students can start any time (tuition prorated.)

Kids DAD (Kids Downs' at Dance) - an "adaptive dance class" for students with Down Syndrome through 3 rd grade. (This class does not participate in the recital.)	NEW! A FUNdamental adaptive dance class providing young dancers the enjoyment of creative expression and movement through song and dance. The program will allow encouragement of sensory awareness using instruments and props to touch and see. Interaction with the child will be on a one-to-one basis; either parent, adult family member, or caregiver must participate.	Mon. 4:00-4:30 (call or e-mail for start date.) NOTE: we are now contracted through the Developmental Disabilities Administration. Please see your case manager to add to your service plan before session starts if applicable.
DAD (Downs' at Dance) - an "adaptive dance class" specifically for students with Down Syndrome 6th grade and up. (This class does not participate in the recital.)	This class brings ballet, jazz and creative movement together with a focus on dancing for enjoyment and creative expression. Challenging movement and rhythmic music will delight and enrich the experience of these uniquely abled students, and a great sense of accomplishment and job well done will build self-confidence.	Fri. 4:00-4:45 (fall session starts September 20, winter session starts January 10, and springs session starts March 27) NOTE: we are now contracted through the Developmental Disabilities Administration. Please see your case manager to add to your service plan before session starts if applicable.

Important Dates

Saturday, August 17: Ballet Northwest's Young Choreographers Showcase at the SPSCC's Minnaert Center **Wednesday, September 11:** Classes begin

Saturday, September 21: Ballet Northwest's *Nutcracker* auditions (8 years and older before September 1) **Sunday, September 22:** Ballet Northwest's *Nutcracker* call-backs

Friday, October 11-Monday, October 14: YES there are classes, Columbus Day weekend

Friday, November 8-Monday November 11: YES there are classes, Veterans' Day weekend

Wednesday, November 27-Saturday, November 30: NO classes, Thanksqiving

Friday, December 13-Sunday, December 22: Ballet Northwest's *Nutcracker* at the Washington Center

Monday, December 23-Saturday, January 4: NO classes, Winter Break (classes resume Monday, January 6)

Friday, January 17-Monday, January 20: YES there are classes, Martin Luther King Jr. Day weekend

Saturday, January 25: Ballet Northwest's 50th Anniversary Gala at the Washington Center

Friday, February 14-Tuesday, February 18: YES there are classes, President's Day Weekend

Saturday, February 29: Olympia Dance Festival at the Washington Center

Monday, April 6-Friday, April 10: NO classes Sun.-Fri., Spring Break (YES there are classes Saturdays, April 4 & 11)

Friday, May 8-Sunday May 10: Ballet Northwest's Crescendo with members of the Olympia Symphony at the Washington Center

Saturday, May 23-Monday, May 25: YES there are classes, Memorial Day weekend

Saturday, May 30-Sunday, May 31 Recital photos at Johansen Olympia Dance Center

Saturday, June 6: Recital dress rehearsals at the Washington Center

Sunday, June 7: Recitals at the Washington Center

Ballet and Hip-Hop Birthday Parties

Contact us for more information about booking a birthday party at the studio with one of our instructors!

Tuition Rates

NOTE: all accounts will require a credit or debit card (Visa, Master Card, Discover or American Express) securely encrypted on file which will be charged automatically on the first day of each 4-week pay period or quarter (whichever you choose when you register.)

For Parent/Child, Creative Dance, Pre-Ballet, Ballet, Pointe, Jazz, Tap, Hip-Hop, Contemporary, Modern, Stretch & Strengthen (any mix): all 4-week periods contain 4 full weeks <u>of classes</u> and each Quarter contains 12 full weeks <u>of classes</u> - you DO NOT PAY for our Thanksgiving, Winter and Spring breaks. <u>NO additional insurance and registration fees!</u> (Unless noted, all classes are school-year long; once registered, that space in the class is yours all school year; if you decide <u>not to continue</u> beyond any paid-for period of time, please write a note, call, email, or tell Mary at the front desk two weeks in advance.

	For each 4-week Period (to be charged on first day of each Period):	For each Quarter (three 4-week-Periods) minus 3% Discount (to be charged on first day of each Quarter):
Once per week (same class each week):	,	, ,
30/40-minute class	\$5 4 *	\$162-3%=\$157.14
45/50/55/60-minute class	\$60*	\$180-3%=\$174.60
More-than-1-hour class	\$63*	\$189-3%=\$183.33
2 classes per week (same each week, any length, same student)	\$100*	\$300-3%=\$291.00
3 classes per week (ditto)	\$138	\$414-3%=\$401.58
4 classes per week (ditto)	\$174	\$522-3%=\$506.34
5 classes per week (ditto)	\$204	\$612-3%=\$593.64
6 classes per week (ditto)	\$224**	\$672-3%=\$651.84

^{*} Just \$100 per 4 weeks (\$12.50/class) if taking 2 classes per week. (Any mix of Creative Dance, Pre-Ballet, Ballet, Pointe, Jazz, Tap, Hip-Hop, Contemporary, Modern, Stretch & Strengthen – same classes each week – SAME STUDENT.)

PAYMENT-DUE DATES by 4-week Periods (and CLASSROOM OBSERVATIONS DAYS!)

1. Week of Sept. 11-17	4. Week of Dec. 9-15	7. Week of Mar. 16-22
2. Week of Oct. 9-15	(NO CLASSES Dec. 23-Jan. 4)	(NO CLASSES Apr. 6-10)
3. Week of Nov. 6-12	5. Week of Jan. 20-26	8. Week of Apr. 18-24
(NO CLASSES Nov. 27-30)	6. Week of Feb. 17-23	9. Week of May 16-22

PAYMENT-DUE DATES by 12-week Quarters:

1. Week of Sept. 11-17	2. Week of Dec. 9-15	3. Week of Mar. 16-22
(NO CLASSES Nov. 27-30)	(NO CLASSES Dec. 23-Jan. 4)	(NO CLASSES Apr. 6-10)

DISCOUNTS on classes that meet weekly:

- 1. QUARTERLY 3% (NO Refunds)
- 2. <u>FAMILY</u> 3% from combined tuition (FULL Periods, Quarters, year). (NO refunds)
- 3. <u>MULTIPLE CLASS</u> Tuition reduced as one takes more classes per week see above. (Any mix of classes/FULL 4-week Period, 12-week Quarter, or year/SAME each week/SAME student)
- 4. WORK or TRADE Speak to the Directors if you have a need or an idea.

TRIAL CLASSES and DROP-INS: Allowed only in open classes, at certain times of year, and at teacher's discretion.

- 1. Students currently registered here may try any other appropriate class for just \$5 each once per class only.
- 2. Other interested parties, single trial class = 1/4 of the regular once per week, 4-week tuition for that class. Once per class only.
- 3. <u>Continuing drop-ins</u> after 1st trial class = \$20. (We recommend paying by 4-weeks at this point.)
- 4. Out-of-town visitors pay 1/4 of the regular once per week, 4-week tuition for each class visited (limited amount of time).
- 5. <u>Extra Ballet or Pointe classes</u> If you have paid for one or more Ballet classes per week and are unexpectedly able to take more Ballet or Pointe classes in that 4 weeks, the tuition for the additional classes equals the appropriate fraction of tuition already paid, to be paid at each extra class attended.

^{**} For 6 or more classes per week, add \$20 per class, per 4 weeks = ONLY \$5.00 each class!! (Any mix of Ballet, Pointe, Jazz, Tap, Hip-Hop, Contemporary, Modern, Stretch & Strengthen – same classes each week – SAME STUDENT.)

MAKE-UP CLASSES: If you miss any class for any reason (illness, vacation, injury, snow, etc.), you may make up that class by attending a class of the same type and level within the 4-week Period (or within the next week if you're a continuing student and you've missed in the last week of the 4-week Period), or within the Quarter if you've paid by the Quarter. You may make up classes ahead of absences within 4 weeks; sign in "make-up for (date)." If you don't make up missed classes, they are lost. (Exceptions will be made with a doctor's excuse.) Ballet Northwest dancers are encouraged to make up classes early in the 4 weeks preceding a "tech week." Ballet classes may be made up in other appropriate Ballet classes – NOT Pointe, Jazz, Tap, Hip-Hop, Contemporary, Modern, Stretch & Strengthen. Creative Dance/Pre-Ballet classes may be made up in same level. Make-up Pointe classes in Pointe OR Ballet. Make-up Jazz, Tap, Hip-Hop, and Contemporary/Modern in same style of class - one level up or down, ask teacher which. For other dance classes, see the Directors or Mary for make-up class options. No refunds; no credit carried over or transferred.

RENTING STUDIO SPACE: Studio space is sometimes available for rent: \$25 per hour for tuition-charging classes, \$15 per hour for individual use or rehearsals. Minimum 24 hour notice, pre-payment and possibly your own liability insurance required. Arrange with Directors. You must pick up and drop off key, clean up, and put things back where they were. Reduced rates may be negotiated for regular use over an extended period of time.

General Information

- **1. STUDIO LOCATION:** We are at 412 Jefferson St SE, in downtown Olympia, between 4th and 5th Avenues, around the corner from Orca Books, one block from City Hall and Well 80, two blocks from Olympia Family Theater, and three blocks from the Washington Center and Hands on Children's Museum.
- **2. PARKING:** Directly in front of the studios is passenger load-unload ONLY. PLEASE DON'T PARK OR WAIT IN THIS ZONE. It is very dangerous for departing and arriving students. Please park in a legitimate parking space and come in to pick up young children. (Older children may watch for you and come out when you pull up in front.) The middle row in the Capital Plumbing parking lot across 5th Avenue (same side of Jefferson as the studio) is reserved (free) for our customers during class times, with all spots available (free) after 5pm. City of Olympia lot across Jefferson Street is free after 5pm. Within a block in all directions metered parking is available, 16 minutes free, all free after 5pm and weekends.
- **3. SUGGESTED ATTIRE**: <u>Don't wear dance shoes outside and do put names in dance shoes.</u> If you have gently used dance shoes that your dancer has outgrown, please donate them back to our dance exchange bin proceeds go to scholarship fund or trade up to the next size. All dancewear is available for Fuzi in Lacey.

Ballet/Pre-Ballet (see website for leotard color pictures):

Pre-Ballet Boys/Ballet Boys: Black or white tights, dance belt, black or white soft ballet slippers OR (for young boys or beginners) shorts with elastic waist, T-shirt, socks, ballet slippers.

Creative Dance 3/4/5 and Pre-Ballet 3, 4, and K girls: leotard (any color or style), pink tights, pink soft ballet slippers, hair pulled back. Pre-Ballet 1st girls: pink leotard (any style), pink skirt (any style), pink tights, pink soft ballet slippers, hair in bun.

Beginner 1 Ballet girls: lavender leotard (any style), pink tights, pink soft ballet slippers, hair in bun, no skirts.

Beginner 2/3 & Beginner 4th-7th Ballet girls: royal leotard (any style), pink soft split-sole ballet slippers, pink tights, hair in bun, no skirts. Beginner 4 Ballet girls: burgundy leotard (any style), pink soft split-sole ballet slippers, pink tights, hair in bun, no skirts. Intermediate 1 Ballet girls: navy leotard (any style), pink soft split-sole ballet slippers, pink tights, hair in bun - skirt optional for pointe. Intermediate 2/3 Ballet girls: black leotard (any style), pink soft split-sole ballet slippers, pink tights, hair in bun - skirt optional for pointe. Advanced Ballet and Teen/Adult Ballet ladies: leotard (any color or style), tights, soft split-sole ballet slippers, pink tights, hair in bun - skirts ok.

Jazz: Hair pulled back. Any color or style of leotard, tights, bike-a-tard, unitard, bike shorts, leggings, jazz pants; must be flexible and show body lines. NO jeans, jeans shorts, school clothes, sweat pants. No big t-shirt cover-ups. Jazz shoes, black, inexpensive ones OK for beginner kids; 2nd year and up and teens/adults should have split-soled, better oxfords.

Hip-Hop: Clothing you can dance in, black dance sneakers for all classes except Adult Hip-Hop, Teen/Adult Hip-Hop and Hip-Hop 5th-7th which require clean shoes dedicated to the dance studio that are never worn outside.

Tap: Just like Jazz except black Tap shoes. Inexpensive patent leather OK for Tap $K/1^{st}$ Graders. NO Velcro closures. 2nd grade and up and teens/adults should have better-brand (Bloch, Capezio, Fuzi, etc.) oxford-style shoes.

Contemporary/Modern: Dancewear and barefeet (socks ok for contemporary – DO NOT use fabric softener when washing clothing.)

Parent/Child, Boys Dance Conditioning, Stretch & Strengthen, and Downs at Dance: barefeet, socks or dance shoes, clothing that you can move in.

4. WHERE TO PURCHASE DANCE ATTIRE: our recommendation for quality dancewear locally is Fuzi, 4704 Pacific Ave. S.E.#A, Lacey (360-786-0226). Another option is Discount Dance Supply (www.discountdance.com – enter studio code TP28785). Please don't buy toy or satin ballet shoes.